

The Freaking Fantastic Blog and List Building Challenge Participant Posts

Day 1 <http://www.tiffanydow.com/blog/the-freaking-fantastic-blog-and-list-building-challenge-day-1/>

Sign Up	Name	Post
___	Allegra	http://allegrativity.com/how-to-become-powerful-woman/
___	Amanda Thomas	http://squidspro.com/blog/why-i-dont-use-the-google-news-module/
___	Amanda Thomas	http://adventuresinonlinemarketing.com/im-unprofessional-sorry-about-that-guys/
___	Barney McKamy	http://barneysbrain.com/building-a-new-blog-day-1-week-1/
___	Carol Amato	http://www.carolamato.com/handbrake-software-demo-reducing-video-size/
___	Carol O.	http://www.carolowens.com/businesse-tools-worth-the-money-when-starting-an-online-business-on-a-budget
___	Caron	http://www.caroncares.co.uk/caron-cares/loneliness-and-isolation
___	Cathy	http://onlinenana.com/site-platform/
___	Cheryl Chartier	http://www.catgrowl.com
___	Chris Deals	http://www.weightlosspodcast.net/shred-the-revolutionary-diet-week-1-day-2-making-adjustments/
___	Crystal Touchton	http://crystaltouchton.com/when-is-it-ok-to-quit/
___	Cynthia Dixon	http://thenewinternetmarketer.com/when-is-the-best-time-to-submit-my-website-to-the-search-engines-for-indexing/
___	Debi J	http://daretogetpersonal.com/blog/why-getting-personal-is-important/
___	Denise	I Hate to Exercise

___	Denise Lorraine	About Denise Lorraine
___	Dianne	http://www.diannehumphries.com/1584/the-5-deadly-sins-in-a-relationship/
___	Edie	http://www.eldercarecafe.net/elder-care-cafe-30-day-content-creation-challenge/
___	Eric Pangburn	http://snitchim.com/adsense_survey/
___	Erika	http://www.momslifeathome.com/money-at-home/easy-paycheck-formula-2-review/
___	Helena Bowers	http://www.ritchiemedia.com/so-whats-the-big-deal-about-content-marketing
___	Helene Malmsio	http://www.learn-how-to-do-it.com/how-to-sell-handmade-crafts.html
___	Isobel	http://becomeyourvision.com/the-secret-of-happiness-is-two-drops-of-oil/
___	Jake Ferry	http://www.empowernetwork.com/jake7/success-nugget-draw-a-line-in-the-sand/
___	Jan	http://www.savemoneywithjan.com/?p=248
___	Janet	How to Achieve Stress Relief by Changing Our Perception of Life
___	Jeannie Giordano	http://www.jeanniegiordano.com/blog/
___	Jenn Alex Brockman	http://kickasswebsitecoach.com/wordpress-security-plugin-wordfence/
___	Jenn Alex Brockman	http://www.specialneedskidstalkradio.com/
___	Jennifer Koebele	http://superjensjourney.com/
___	Joanne Reid	http://geekgranny.com/what-do-you-want-to-do-with-your-tablet/
___	Joyce Reid	http://www.giftbusinessowners.com

___	Kathy Robinson	http://www.kathyrobinsonsblog.com/freaking-fantastic-blog-and-list-building-challenge-day-1
___	Katie	http://www.iminurinternetmarketing.com/shoe-in-money-review-5-website-confusion-message-love-and-an-action-plan/
___	Kay Collier	Health
___	Kecia	http://basics4bloggers.com/2013/02/effective-about-me-page/
___	Kerry McNally	http://home-business-with-gerard-and-kerry.com/?p=934
___	Kev Willson	http://www.jobfreedream.com/a-new-blog-is-born/
___	Lillian	http://portablelifestylebusiness.com/coming-out-as-an-internet-marketer-1-blc/
___	Lisa Oliver	http://www.writingwithlisa.com/writing-with-lisa/
___	Liz	Best Slow Cooker Review – Cuisinart MSC-600 3-In-1 Cook Central Multi-Cooker
___	Lorraine Gault	http://diabetes2.com.au/homepage/low-cholesterol-diet-the-red-herring/
___	Malia	http://maliaholleron.com/how-to-provide-value/
___	MamaRed	http://mamaredspeaks.com/teleseminar-how-to-do-your-first-teleseminar
___	Marcia Layton Turner	http://associationofghostwriters.org/the-art-of-juggling-ghostwriting-projects
___	Marg	http://writing4success.com/blog/5-tips-on-optimizing-your-tools-and-writing-space/
___	Marilyn	http://dietingforwomen.com/focus-dieting-for-women
___	Marilyn Thompson	http://www.workathomemarilyn.com/get-your-articles-read-finding-those-magic-keywords/#more-110
___	Marsha	http://www.survivethenextdisaster.com/keeping-pets-safe-during-a-disaster

___ Michelle	Free Shipping? Should I or Shouldn't I change to Free Shipping?
___ Michelle	http://waxlers.blogspot.com
___ Patricia Busch	The First Step to Adopting a Kitten
___ Patti Stafford	Start From Where You're At – Day 1 Blogging Challenge
___ Priscilla Schoeman	http://www.chronicblogger.com/forever-affiliate-review-part-6-building-profitable-sites/
___ Robert Mason	http://www.flyingwithoutwings.com/
___ Ron	http://healthyeating.ronkness.com/healthy-eating-tips/senior-health-and-the-blog-post-challenge
___ Ruth Pound	http://www.theinternetdream.com/boost-your-blogging-power-with-an-editorial-calendar/
___ Sena	http://senaenkobis.com/a-lack-of-wisdom/
___ Shanna Ohmes	http://thenaturallivingsite.com/blog/2013/02/extreme-digital-health-library-sale-bundle-on-sale-tomorrow/
___ Stacy	http://www.freelancingfriends.com/blogging-writing-challenge
___ Sue Fleckenstein	http://buyplrtoday.com/resell-license/
___ Sydney	http://sydneywestwrites.com/?page_id=123
___ Tamsin	http://www.inspirationalresults.com/debt-the-burden-of-life
___ Teresa Graham Brett	http://www.parentingforsocialchange.com/giving-up-power.html
___ Tiffany Dow	http://www.tiffanydow.com/blog/6-ways-you-can-be-a-better-blogger/
___ Victoria	What Does My Blog Have To Offer You?

Day 2 <http://www.tiffanydow.com/blog/the-freaking-fantastic-blog-and-list-building-challenge-day-2/>

Sign Up Name	Post
Alex	http://www.thesimpleaffiliatesystem.com/simpleaffiliate/internet-marketing/mindset-motivation-and-bullshit
Alex	http://www.thesimpleaffiliatesystem.com/simpleaffiliate/security/your-hard-drive-will-die-really
Amanda Thomas	http://adventuresinonlinemarketing.com/is-online-marketing-still-an-adventure-for-you/
Amanda Thomas	http://squidpro.com/blog/squidoo-facebook-groups-are-they-worth-joining/
Ana	http://lovefromana.com/success-less-attractive-to-men/
Ana	http://lovefromana.com/too-tired-for-love/
Angela Chen Shui	http://www.angelachenshui.com/blog/morning-bonding-with-children-music-video-sharing/
Angie	http://feedproxy.google.com/~r/TheWorkAtHomeWife/~3/HXgwiNvhxys/
Angie Nelson	http://theworkathomewife.com/youtube-for-bloggers/
Barney McKamy	http://barneysbrain.com/blog-challenge-week-1-day-2/
Barney McKamy	http://barneysbrain.com/blog-challenge-week-1-day-3/
Bonnie Gean	http://www.bonniegean.com/how-to-create-a-podcast-show-part-2/
Brigitte	http://www.feelyourbestcoaching.com/
Carol O.	http://www.carolowens.com/blog/finding-your-way-through-the-fear
Caron Sprake	http://www.caroncares.co.uk/charities-for-the-elderly/isolation-the-elderly/

Cathy <http://onlinenana.com/choosing-your-domain-name/>

Cathy <http://onlinenana.com/get-hosting-for-your-domain-name/>

Cheryl Chartier <http://www.catgrowl.com/welcome-to-paws-for-cats/>

Cheryl Chartier <http://www.catgrowl.com/cat-beds/>

Chris Deals <http://www.weightlosspodcast.net/shred-diet-journey-wk-1-day-3-getting-use-to-it/>

Chris Deals http://www.weightlosspodcast.net/dr-ian-smith-shred-diet-day-4-i-missed-out-on-the-pancakes/?utm_source=rss&utm_medium=rss&utm_campaign=dr-ian-smith-shred-diet-day-4-i-missed-out-on-the-pancakes/

Crystal Touchton <http://crystaltouchton.com/burnout-overwhelm/>

Crystal Touchton <http://crystaltouchton.com/momentum-in-business/>

Cynthia Dixon <http://thenewinternetmarketer.com/are-you-building-your-affiliate-niche-sites-like-this/>

Cynthia Dixon <http://thenewinternetmarketer.com/you-cant-follow-in-someone-elses-internet-marketing-footsteps/>

Day 3 <http://www.tiffanydow.com/blog/the-freaking-fantastic-blog-and-list-building-challenge-day-3/>

Sign Up	Name	Post
	Debi J	http://daretogetpersonal.com/blog/its-time-to-start-asking-for-time-support/
	Edie	http://www.eldercarecafe.net/pace-lifecircles-blessings-keep-coming/
	Edie	http://www.eldercarecafe.net/is-your-aging-senior-staying-healthy-this-winter/
	Eric Pangburn	http://snitchim.com/a-business-name-generator-what-is-it-and-does-it-matter/
	Erika	http://www.momslifeathome.com/everyday-life/find-your-home-business-niche-then-just-do-it/
	Erika	http://www.momslifeathome.com/everyday-life/pinterest-fun-day-almost-healthy-chocolate-cake/
	Gail Hess	http://plrsalescentral.com/i-am-leaving-my-comfort-zone/
	Helena Bowers	http://www.ritchiemedia.com/social-media-got-you-down/
	Helena Bowers	http://www.ritchiemedia.com/no-more-boring-business/
	Holly Ralston Oylar	http://tobeawriter.com/
	Iris	http://www.getfitandwell.com/vitamin-d-deficiency
	Isobel	http://feedproxy.google.com/~r/BecomeYourVision/~3/hNmhSx5YeDo/
	Jake Ferry	http://www.empowernetwork.com/jake7/8-words-to-throw-out/
	Jake Ferry	http://www.empowernetwork.com/jake7/labor-coaching-tips-for-dads-during-natural-childbirth-words-and-phrases-to-use/
	James	http://fatfree4life.com/

Jan <http://www.mylocalbusinessonline.co.uk/googles-interflora-ranking/>

Jan <http://www.mylocalbusinessonline.co.uk/challenge/>

Jan R. <http://www.savemoneywithjan.com/save-money-by-comparing-prices/>

Jeannie <http://www.jeanniegiordano.com/blog/why-being-an-entrepreneur-is-so-rewarding/>

Jeannie Giordano <http://www.jeanniegiordano.com/blog/my-favorite-types-of-fiverr-gigs/>

Jenn Alex Brockman <http://www.specialneedskidstalkradio.com/new-jersey-peer-support-for-parents-of-kids-with-autism/>

Jenn Alex Brockman <http://www.specialneedskidstalkradio.com/adhd-kids-and-homework-how-to-help/>

Jenn Alex Brockman <http://kickasswebsitecoach.com/blogging-plan/>

Jennifer Koebele <http://superjensjourney.com/review-of-data-a-love-story-how-i-gamed-online-dating-to-meet-my-match-by-amy-webb/>

Joanne Reid <http://geekgranny.com/iris-notes-express-best-digital-pen/>

Joanne Reid <http://geekgranny.com/tablet-pcs-and-productivity/>

Kathy Robinson <http://www.kathyrobinsonsblog.com/if-you-want-to-get-somewhere-you-need-to-know-where-you-are-now/>

Kathy Robinson <http://www.kathyrobinsonsblog.com/how-to-beat-snos-and-save-money>

Katie <http://www.iminurinternetmarketing.com/how-to-write-a-press-release-headline-press-release-series-part-3/>

Katie <http://www.iminurinternetmarketing.com/how-to-use-twitter-for-traffic/>

Katie <http://www.iminurinternetmarketing.com/how-to-write-a-press-release-subheading-and-dateline-press-release-series-4/>

Katie <http://www.iminurinternetmarketing.com/shoe-in-money-review-6-fun-with-social-media/>

Kecia <http://basics4bloggers.com/2013/02/dealing-with-spam-comments-on-wordpress/>

Kecia <http://basics4bloggers.com/2013/02/5-ways-to-make-money-blogging/>

Kerry McNally <http://home-business-with-gerard-and-kerry.com/?p=951>

Kerry McNally <http://home-business-with-gerard-and-kerry.com/?p=470>

Lillian <http://portablelifestylebusiness.com/a-checklist-to-set-up-your-blog-3-blc/>

MamaRed <http://mamaRedspeaks.com/mindset-tip-to-change-your-mood-think-like-a-dog>

MamaRed <http://mamaRedspeaks.com/repurpose-content-use-what-you-already-have>

Marg <http://writing4success.com/blog/blog-challenge-build-new-or-re-vamp/>

Marilyn <http://dietingforwomen.com/im-not-on-a-diet>

Marilyn <http://dietingforwomen.com/what-is-perfect/>

Marsha <http://www.iamnotjust.com/making-the-tough-choices>

Marsha <http://www.iamnotjust.com/telling-yourself-a-different-story>

Mary <http://www.ebizmom.info/getting-started-online-how-to-set-up-email-forwarders/>

Mary Kathan <http://www.awesomedog.com/wilderness-search-and-rescue-dogs-the-basics/>

Mary Kathan <http://www.homebusinessgirl.com/how-to-get-experts-to-interview-part-1/>

Matthew Shelton <http://ematthewshelton.com/>

Michelle <http://waxlers.blogspot.com/2013/02/some-more-rain.html>

Pat Busch <http://learningtolovecats.com/the-case-for-two-kittens/>

Pat Busch <http://learningtolovecats.com/bonding-with-kittens/>

Patti Stafford <http://pattistafford.com/blog/what-does-your-dream-life-look-like-day-2-blogging-challenge/>

Patti Stafford <http://pattistafford.com/blog/should-you-implement-everything-all-at-once/>

Patti Winker <http://remarkablewrinklies.com/2013/the-hardest-thing-about-writing-is-writing/>

Robert Mason <http://www.flyingwithoutwings.com/affirmations/how-do-you-feel-about-yourself/>

Ron <http://healthyeating.ronkness.com/healthy-eating-101/todays-health-lesson-cholesterol-101>

Ron <http://healthyeating.ronkness.com/healthy-eating/blog-post-challenge-day-3-not-all-fats-are-created-equal>

Ruth Pound <http://www.theinternetdream.com/15-freebie-ideas-to-send-to-your-list/>

Shanna Ohmes <http://selfhelptipshq.com/4-easy-ways-to-have-a-great-day/>

Sharon <http://www.fictionblueprints.com/blogging-for-publishers/>

Sue Fleckenstein <http://plronestopshop.com/tools-for-getting-started-with-plr/>

Sue Fleckenstein <http://plronestopshop.com/plr-articles-making-them-unique-to-you/>

Susan Myers <http://www.bestemarketingsolutions.com/google-new-branding-guidelines/>

Tamsin <http://www.inspirationalresults.com/top-tips-for-savings-on-food-and-groceries/>

Tamsin <http://www.inspirationalresults.com/more-energy-more-money/>

Teresa Graham Brett <http://www.parentingforsocialchange.com/respecting-childrens-answers.html>

Teresa Graham Brett

<http://www.parentingforsocialchange.com/i-never-learned-how-to-love-children.html>

Tiffany Dow

<http://www.tiffanydow.com/blog/tiffs-rules-for-better-email-communication/>

Tiffany Dow

<http://www.tiffanydow.com/blog/what-scares-you-about-personalization-an-intervention>

Victoria

<http://www.mydailycuppa.com/how-to-make-money-with-plr/>

Day 4 <http://www.tiffanydow.com/blog/the-freaking-fantastic-blog-and-list-building-challenge-day-4/>

Sign Up Name	Post
Alex	http://www.thesimpleaffiliatesystem.com/simpleaffiliate/affiliate-marketing/reviewing-forever-affiliate-by-andrew-hansen
Ana	http://lovefromana.com/best-first-date-ideas/
Angie Nelson	http://feedproxy.google.com/~r/TheWorkAtHomeWife/~3/fbcD2cZ9bHo/
Barney McKamy	http://barneysbrain.com/blog-challenge-week-1-day-4/
Carol O.	http://www.carolowens.com/blog/18-places-to-find-images-to-use-on-your-blog
Cathy	http://onlinenana.com/getting-started-part-4-setting-up-your-email/
Cheryl Chartier	http://www.catgrowl.com/cat-littler-and-litter-mats/
Chris Deals	http://www.weightlosspodcast.net/shred-diet-recipe-mixed-vegetables-with-black-beans/?utm_source=rss&utm_medium=rss&utm_campaign=shred-diet-recipe-mixed-vegetables-with-black-beans
Crystal Touchton	http://crystaltouchton.com/hard-sell-vs-soft-sell-a-customers-perspective-and-thoughts-from-a-marketer/
Cynthia Dixon	http://thenewinternetmarketer.com/are-you-following-the-money/
Eddie	http://www.eldercarecafe.net/caregiver-forums-part-1/
Erika	http://www.momslifeathome.com/money-at-home/blogging-money-at-home/10-things-i-do-to-come-up-with-blog-post-ideas/
Helene Malmsio	http://www.learn-how-to-do-it.com/did-you-know-women-suffer-from-higher-money-stress-rates-than-men.html
Helene Malmsio	http://www.facebook.com/Malmsio.Helene/posts/10151336244413348
Holly Ralston Oyler	http://tobeawriter.com/

James <http://fatfree4life.com/state-of-mind/a-few-ways-to-banish-depression>

Jan <http://www.mylocalbusinessonline.co.uk/getting-personal/>

Joanne Reid <http://geekgranny.com/tablets-again-and-the-reasons-people-love-them/>

Katie <http://www.iminurinternetmarketing.com/how-to-write-the-body-of-a-press-release-press-release-series-5/>

Katie <http://www.iminurinternetmarketing.com/blogging-back-up-posts/>

Kerry McNally <http://home-business-with-gerard-and-kerry.com/?p=995>

Lorraine Gault <http://diabetes2.com.au/weight-loss/low-fat-diet-friend-or-foe/>

Malia <http://maliaholleron.com/if-you-dont-believe-in-you-i-wont-believe-in-you/>

MamaRed <http://mamaredspeaks.com/overcoming-your-fears>

Marilyn <http://dietingforwomen.com/going-sugar-free>

Marilyn Thompson <http://www.workathomemarilyn.com/do-you-squidoo/>

Mary <http://www.ebizmom.info/are-you-a-real-journalist-or-just-a-slacker-blogger-in-fuzzy-slippers/>

Mary Kathan <http://www.homebusinessgirl.com/how-to-get-expert-interviews-part-2/>

Michelle <http://waxlers.blogspot.com/2013/02/nasty-bees.html>

Patti Stafford <http://pattistafford.com/blog/patti-stafford-on-being-patti-stafford/>

Robert Mason <http://www.flyingwithoutwings.com/inspirational/you-have-powerful-connections/>

Ron <http://healthyeating.ronkness.com/healthy-eating-101/blog-post-challenge-day-4-the-omega-3-and-6-fatty-acids>

Ruth Pound <http://www.theinternetdream.com/think-you-have-no-time-to-blog-think-again/>

Ruth Pound <http://www.theinternetdream.com/slow-doesnt-matter-when-you-look-back-in-hindsight/>

Sue Fleckenstein <http://plronestopshop.com/adding-images-to-your-plr-articles/>

Suni Rae <http://multiplechemicalsensitivitycures.com/how-to-detox-the-house/>

Susan Myers <http://www.bestmarketingsolutions.com/business-inventory-clarity-business/>

Tamsin <http://www.inspirationalresults.com/customer-loyalty/>

Tiffany Dow <http://www.tiffanydow.com/blog/8-excuses-why-you-wont-personalize-online-and-how-to-fix-it/>

Victoria <http://www.mydailycuppa.com/plr-atm-review-make-money-with-plr/>

Victoria <http://www.mydailycuppa.com/how-to-make-money-as-a-plr-affiliate/>